A Gang Member’s Eyes Are Opened
by C.L. Bopape and J.R. Breault

At only 11 years old, Martin was already sick of being bullied for being poor. Because he rode the city bus and wore hand-me-downs, kids at school teased him. He felt defenseless. But he thought gang members in his Inglewood, California, neighborhood were rich and strong. Martin says, “Nobody was going to belittle them about anything.”

Martin had at least one faithful friend: his mother. She encouraged him to read the Bible and brought him to Vacation Bible School and other church programs. But despite having pastors in his family, Martin saw some Christians as hypocrites; their words didn’t match their actions. And church couldn’t provide the same safety gangs could.

“My thought was, ‘I want to be with these people because they’re offering protection and a family,’” says Martin about gang life. “Joining the gang gave Martin a sense of belonging. It also taught him how to break the law. He was arrested at age 16. By age 25, he had been arrested three times. Martin was eventually sentenced to 26 years to life for his role in a murder and robbery. He left behind his 3-year-old daughter.

Martin’s mother continued to encourage him during his incarceration. Martin says, “She never made me think I was anything less than worthy of God’s love.”

Taking risks and breaking free
Martin’s mother begged him to read the Bible. When he finally did, the words seemed different than when he was younger. This time, Martin’s eyes were opened.

“I saw who God was,” he remembers. “I saw what God created me to be. And I realized that God wanted me to have good stuff, and I didn’t have to hurt people to get it. That was the God I fell in love with.”

Martin didn’t want to be a hypocrite like some of the Christians he remembered from his childhood. He decided that to fully serve Christ, he needed to break his gang affiliation—even knowing it could be dangerous.

Martin asked another Christian prisoner and former gang member for advice. The man told Martin: “Go and pray and tell God this is what you want to do.” So, Martin prayed. When the time came to stand before his fellow gang members to express his newfound faith, God protected Martin.

Continued on page 2

5 Steps for Finding the Right Friends
by Dillon Shaw

While serving time, we need reliable companions, good influences, and people who bring out the best in us. Here are some tips on finding—and keeping—good friends.

1. Examine your motives.

Before you look for friends, first look at your own desires and behaviors. Ask yourself why you made the choices that led you to prison. Did I hang around the wrong people because I felt worthless or needed their approval? Did I choose a certain group because they had the drugs or alcohol that offered me a sense of escape or fulfillment? Figuring out why we are drawn to specific people is an essential step in finding healthy friendships.

When I was first in prison, I tried skipping this step, and I ended up being attracted to the wrong crowd. We need to make sure that our reason for wanting to be around certain people is to develop connections that are good and healthy for everyone, not to just get what we want or to find our self-worth in others’ opinions of us.

2. Determine what you can offer others, and vice versa.

There’s an old saying, “To have friends, one must show himself friendly.” Proverbs 18:24 puts it this way: “There are ‘friends’ who destroy each other, but a real friend sticks closer than a brother.” You should do your best to be a good friend to the people you

Continued on page 4
Inside Journal

Dear Mr. Koutz,

I’m writing to let you know about a recent experience I had at the Kimmell Correctional Institution (KCI). For the first time, I was able to move from my cell to the chapel for weekly prison services. It was a moment that I will always remember.

I arrived at the chapel early, and my heart was filled with joy as I prepared to engage with my fellow prisoners in prayer. As we gathered in the chapel, I realized how fortunate I was to be in this place at this moment.

The atmosphere was filled with a sense of peace, and I couldn’t help but feel a deep sense of gratitude for the opportunity to connect with my brothers and sisters in Christ.

I believe that moments like these are transformative, and I’m grateful for the opportunity to share them with you. Please continue to pray for KCI and all those who are seeking to experience hope and transformation in their lives.

Sincerely,

[Your Name]
Do You Need Your Vision Checked?

by A.R. Quinn

Here’s a question for you: Is it hard to read the words on this page? If you are straining to tell the difference between a C and a G, you might be due for an eye exam.

Many people notice changes in their near vision—the vision you use for reading or looking at a tablet—around age 40. (This not-so-fun part of aging is called presbyopia.) It tends to get worse in the years that follow, leaving most older adults reaching for reading glasses.

In the last few decades, age-related vision problems have become more common behind bars. Between 1996 and 2016, the number of incarcerated people aged 55 and above increased 280%. The need for vision care has gone up too.

Even gradual vision loss can reduce the quality of your life. You might find it hard to read food labels, study for a class, or enjoy a letter from a loved one. Poor vision can also make you feel isolated, depressed, embarrassed, or angry. Sight problems are even more frustrating if you have a hard time scheduling an eye exam, finding books in large print, or getting your eyeglass prescription filled.

A vision for life

It’s not just your physical eyesight that impacts your quality of life. Each of us also has a vision of ourselves and our place in the world, and that vision affects everything else. But just as our close-up vision gets worse with age, our vision of ourselves also easily becomes distorted.

Everyone’s vision of themselves is shaped by the experiences and influences they collect during their lifetime. A man who has suffered repeated rejections might see himself as unworthy of love. A man who has been called a low-life and a dead-beat might see himself as incapable of achieving great things.

When lies like these cloud your vision, the consequences are devastating. Jesus once explained to His followers, “Your eye is like a lamp that provides light for your body. When your eye is healthy, your whole body is filled with light. But when your eye is unhealthy, your whole body is filled with darkness. And if the light you think you have is actually darkness, how deep that darkness is!” (Matthew 6:23, NLT)

A prescription for clarity

When did you last examine your view of life? If it’s been a while—or if you’ve never stopped to think about it—now might be a good time.

Here are some questions to ask yourself for a spiritual vision check:

- Do I have a hard time seeing the purpose and value of my life?
- Do I struggle to distinguish between choices that will harm me and choices that will help me?
- Do I turn a blind eye to facts or advice that contradicts my views?
- Do I always focus on obstacles and setbacks instead of finding hope for the future?

A new lens on life

But there’s Good News: Even if your vision seems foggy right now, it doesn’t have to stay that way. God offers a prescription to get you to 20/20 clarity.

Jesus once told a crowd of people, “I am the light of the world. If you follow me, you won’t have to walk in darkness, because you will have the light that leads to life.” (John 8:12, NLT)

When you open your heart to a relationship with God through Jesus, light will come into your life. The more you turn toward His light, the better you will see. You can let go of lies that blur your vision, and you can begin to see your life through the crystal clarity of truths like these:

- God created you in His image. (Genesis 1:27)
- God intends your life to be full of meaning and purpose. (Ephesians 1:11)
- God loves you so much it’s hard to even imagine it. (Ephesians 3:18-19)
- When you lean on God’s wisdom, He helps you make choices that lead to life. (Proverbs 3:5-6)

If that sounds appealing to you, take a look at the sidebar on this page, where you can learn more about how to restore your spiritual vision.

IS YOUR VISION BLURRY?

Do you feel like your life is a mess? Is your self-esteem not so great? You were made by the perfect and powerful Creator of the entire universe. You were created in His image. And He has a purpose for your life.

Ephesians 2:10 says, “For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.” (On the flipside, be careful not to think too highly of yourself. You were created in God’s image, but be clear, you are not God. As it says in Romans 12:3, “Don’t think you are better than you really are. Be honest in your evaluation of yourselves, measuring yourselves by the faith God has given us.”)

See your value clearly by seeing yourself the way God sees you. God thinks the world of you. It might not always feel that way, especially when your life isn’t going smoothly. But one of the best signs that God thinks the world of you is that He sent His one and only Son Jesus to die as a payment for your sins, so that you may have eternal life if you believe in Him.

If you want to renew your focus, ask Jesus into your heart and accept His free gift of eternal salvation.

Not sure where to begin? Start with this simple prayer:

“We’re sorry, God, we have sinned against you. Please forgive us.”

To learn more about Jesus or to sign up for a free correspondence Bible study through one of our trusted partner organizations, write to us at “CLEAR VISION,” c/o Inside Journal, P.O. Box 1790, Ashburn, VA 20146-1790. For a free Bible or accompanying study guide/workbook, see our ad on page 2.
**FLOODLIGHT: A Video Program of Hope and Inspiration**

*hat started as a short-term fix in response to the pandemic is growing to provide the best video content possible with you in mind.

Prison Fellowship’s Floodlight® is a free video service created especially for men and women in prison and currently used in almost every state. It provides videos through partnerships with top content providers and through original Prison Fellowship productions. Every month, Floodlight viewers can see new inspirational stories from returning citizens, hear words of encouragement from believers on the outside, enjoy music and drama, learn and practice leadership skills with the Global Leadership Summit faculty, or come together for an original Floodlight special program. Viewers can also find thoughtful and practical Bible teaching.

Programs are available in Spanish and English. Here is a program guide of this fall’s lineup:

**SEPTEMBER**

**Women’s Roundtable Discussion**
Original Documentary • Prison Fellowship
Hear from formerly incarcerated women on the specific challenges faced as a woman and a mother in prison.

**The Holy Ghost Series**
Bible Teaching • Rock City Church
The presence of God is powerful when people come together in worship.

**Three Questions Every Follower Asks**
Leadership • James Maxwell-Global Leadership Summit
Teaches Community and Restoration in relationships by showing that as followers of Jesus, we should become leaders by “adding value” to others.

**Purpose Driven Life**
Life Skills • Rich Warren-Purpose Driven Life
Help us understand God’s incredible plan for our lives. It enables us to see the big picture of what life is all about and begin to live the life God created us to live.

**OCTOBER**

**Please Excuse the Mess**
Bible Teaching • Rich Wilkerson-Yous Church
Our life is always under construction. God is working to bring out the potential in all of us.

**Therapy & Theology**
Relationships • Proverbs 31
Using these words—connection, affection, protection, and reflection—to improve relationships.

**I Have a New Name: Sermon on Identity**
Inspirational Story • Hosanna Wong Ministries
Spoken word artist Hosanna Wong shares her firsthand experiences with loss, hope, and redemption, and her innermost desires to see lives healed and restored by the power of Jesus.

**True Hope**
Gospel Short Stories • Bible Media Group
The Luma Project production brings the original Jesus narrative to the screen using the Gospel text as its script, word for word, to understand the story of Jesus.

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5 Tips for Finding Friends

3. **Pay attention to your friends’ habits.** Perhaps you’ve figured out that the loudest, most arrogant, or toughest person is probably not the healthiest friend. The people who have bad habits like lying, doing drugs, or putting others down aren’t going to be good influences on you. A healthy friend will usually have healthy habits, like regular sleep routines, consistent exercise, and prosocial (caring and cooperative) patterns of interaction. Ask yourself, does this person have a good rapport with staff and C.O.s as well as other prisoners? Does this person help others, whether it’s holding a door, assisting someone with GED homework, or helping someone move their property when they first arrive in a new unit? Those are the kinds of habits you should make note of when choosing friends.

4. **Take the initiative to start conversations.** After identifying a possible friend who seems to be honest, consistent, purposeful, and healthy, introduce yourself to them in one of the common areas. Start a conversation and be confident and comfortable. Tell them it seems like they really have their life together. They will most likely appreciate your comment, and they will probably be the kind of person who is open to helping others walk in the right direction. If there is no clear next step with this person at the end of your conversation, ask them if they would be willing to help you understand how you can grow and change like they have. Remain humble and teachable, with more listening and less talking.

5. **Prioritize healthy relationships.** Research suggests that the average person can only maintain around 15 quality friendships. You may know hundreds of people by face or name, and even perhaps know a few details about them, but quality friendships require you to use your limited resources: time and emotional energy. If you invest your time and energy into the healthiest relationships because you’ve made them a priority, you won’t waste time or energy on relationships that could end up influencing you in the wrong direction.

Who you serve your time with affects how well you serve your time. Be a good friend to others, and then find others who would be a good friend to you. Avoid toxic friendships and seek out healthy friendships. Sounds simple enough, but of course, being incarcerated can be complicated. Keep working on it! And if you’re being released anytime soon, these same tips will apply to finding friendships on the outside.

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*Content may vary. To learn how your facility can participate, ask your chaplain to email floodlight@pfm.org.

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**INSIDE JOURNAL | Fall 2022**
Featuring Our Founder:

Charles “Chuck” Colson was an American attorney and political advisor who served as special counsel to President Richard Nixon from 1969–1970. Chuck, who had become a Christian shortly before the Watergate scandal broke, voluntarily pled guilty in 1974 to obstruction of justice. He served seven months in Alabama’s Maxwell Prison. He was the first member of the Nixon administration to be incarcerated for Watergate-related charges. In his bestselling memoir, Born Again, Chuck wrote, “I found myself increasingly drawn to the idea that God had put me in prison for a purpose and that I should do something for those I had left behind.”

Colson emerged from prison with a new mission: mobilizing the Christian church to minister to prisoners. In 1976, he founded Prison Fellowship, which is now the nation’s largest Christian nonprofit serving prisoners, former prisoners, and their families, and a leading advocate for criminal justice reform. Chuck passed away in 2012 at age 80, but his ministry continues to grow, with Prison Fellowship programming in all 50 states and Prison Fellowship International programming in more than 113 countries.

Colson Quote Corner:

“The Bible—banned, burned, beloved. More widely read, more frequently attacked than any other book in history. Generations of intellectuals have attempted to discredit it, dictators of every age have outlawed it and executed those who read it. Yet soldiers carry it into battle believing it more powerful than their weapons. Fragments of it smuggled into solitary prison cells have transformed ruthless killers into gentle saints.”

Kintsugi, which means “golden repair,” is a Japanese art form. It is rumored to have started when a 15th century military ruler in Japan sent out a broken tea bowl for repairs, and it came back held together with ugly metal staples. This man then asked artists to find a way to make the brokenness beautiful. The solution: to use a special resin mixed with gold, silver, or platinum, which would then highlight instead of hide the damage. This kintsugi art form celebrates the brokenness, making the object more rare, precious, and valuable.

As flawed sinners, when our lives are broken, we try to fix things ourselves. And we often end up with the ugly metal staples or even just a handful of shattered useless pieces. But God uses His grace to mend our cracks and to turn us into a useful piece of art—one that is more beautiful and unique than before.

The Bible says in Genesis 50:20, when talking about the bad influences in this world: “You intended to harm me, but God intended it all for good.” And Romans 8:28 goes on to say, “We know that God causes everything to work together for the good of those who love and are called according to his purpose for them.”

BUT GOD.

We struggle with pain and darkness. But God brings us to a place of healing and light. We look at our shattered pieces as worthless. But God mends them together in a kintsugi work of art, more useful and valuable than ever before.

An incarcerated man named Christopher experienced this kintsugi in his own life:

“I have lost everything. My family wants nothing to do with me because of where I am and what I’ve done. My wife left, taking everything, including our two kids. I’ve lost all my personal possessions. I spent 20 hours a day in a cell with nothing to do but sleep or read. I have hit rock bottom.”

BUT GOD.

“Yes, I miss my kids very badly. But God is using my situation to make me part of His [situation]. Prison is the best thing that could’ve happened to me.”

BUT GOD.

“I realize that God loves me enough to put me in here, to get me on the right path, and to spend some good quality time with me. This time is hard. But God’s got this!”

Think about your day. Think of the things that seem broken. Picture your life like the broken bowl and imagine God pouring His liquid gold into the cracks. Then offer Him this prayer:

“Lord, take my bad and turn it into good. My plans can fail me, but Your plans can free me. Today, I offer You all my broken pieces. Repair them with Your precious gold, turning me into a rare and valuable work of art. Then show me how I can use this new artwork to reflect Your beauty onto others. Amen.”
POETRY CHALLENGE
by S.L. Ray

You don’t have to be a great writer to write something great. Often, all it takes is a pencil and some quiet time alone with your feelings. Sure, being creative helps. So does reading the works of other authors and practicing your own writing. But you don’t need to be good at grammar or have a degree in writing to say something impactful. And one way to start your journey as a writer is through poems. Poetry can be very empowering and healing. Give it a try and see for yourself!

Here are seven tips for writing poetry.

1. Write for you and not for others.
   A poem doesn’t need to be shared with others or submitted to Inside Journal; it can be powerful and healing just to pour your words onto paper, whether you tear them up and never read them again or whether you edit and reread them later.

2. Jot down every thought.
   Get in the habit of stream-of-consciousness writing: Write down whatever comes into your head. Weird thoughts, random words, frustrations about your day, dreams about your future—write it all down. Think of this less like a journal about your day and more like a no-rules place to pour out whatever pops into your mind, whether it makes sense or not. “Dumping” all your thoughts can help get your creativity flowing.

3. Figure out the mood.
   In poetry, there is usually one central attitude or feeling; for example: cheery, romantic, funny, gloomy, reflective, or hopeful. Make word choices based on what emotion you want the reader to feel while reading your poem.

4. Use imagery.
   The key here is “show, don’t tell.” Share a story or explain a feeling, but in a way that uses a lot of descriptions (where a reader can almost see, touch, or feel what the writer is saying). This sentence is an example of telling: “Life behind bars can be really hard sometimes.” But this sentence shares the same idea using imagery: “Black and blue pain explodes, spreading from the inside of my skin into the outer corners of my cell.”

5. Find a good rhythm.
   This doesn’t mean it has to rhyme. It certainly can, but some of the most powerful poems don’t. It just means a strong poem should have some sort of rhythm (sometimes called a cadence), almost like a song. That’s one thing that separates a poem from any other writing piece. Try reading your poem out loud to feel the rhythm. Again, rhyming isn’t important, but it should have some sort of flow.

6. Consider using a sound device.
   A few common sound devices used in poetry are repetition (repeating the same words or phrases for emphasis), alliteration (using the same consonant sounds at the beginning of words, like in “whisper words of wisdom,” or even like in “fishing for phones”), assonance (similar vowel sounds, like in “low moaning roar”), onomatopoeia (words that represent their sounds, like in “buzz, whirl, hiss, bang”).

7. Choose your line length.
   Unlike other styles of writing, poems use lines (sometimes called verses) and stanzas (groups of lines/verses). As the writer, you decide how long to make each line based on things like syllables, numbers of words, rhythms or rhyming patterns, etc. You can also decide whether each line should be the same length or not, depending on what feel you’re going for.

See next page for actual poems.

ACTIVITY: Sudoku

Fall is back-to-school time. But you don’t have to go back to school or be young to keep your mind sharp. One great way to stimulate your brain is Sudoku. To complete this puzzle activity, you enter numbers in squares so that every number appears only once in each horizontal line, vertical line, and square. Studies show Sudoku improves memory function, decreases your chances of getting Alzheimer’s, and strengthens your logic and math skills. And you can learn Sudoku at almost any age. If you don’t love numbers, try the “Image Sudoku” below the numbers Sudoku—or mail it to your kids (or make your own using drawings/icons you think your kids would like). See answers on page 8.

Sudoku

<table>
<thead>
<tr>
<th>EASY</th>
<th>MEDIUM</th>
<th>HARD</th>
</tr>
</thead>
<tbody>
<tr>
<td><img src="image" alt="Sudoku Easy" /></td>
<td><img src="image" alt="Sudoku Medium" /></td>
<td><img src="image" alt="Sudoku Hard" /></td>
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Image Sudoku

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<td><img src="image" alt="Image Sudoku Hard" /></td>
</tr>
</tbody>
</table>
**‘Hope’ is the thing with feathers**  
*by Emily Dickinson (1830–1886)*

“Hope” is the thing with feathers -  
That perches in the soul -  
And sings the tune without the words -  
And never stops - at all -

And sweetest - in the Gale - is heard -  
And sore must be the storm -  
That could abash the little Bird  
That kept so many warm -

I’ve heard it in the chilliest land -  
And on the strangest Sea -  
Yet - never - in Extremity,  
It asked a crumb - of me.

**Forgiveness**  
*by Code in Florida*

In this life my choices and decisions haven’t always been too clever,  
And my actions really not much better.  
However I’m so grateful to be in your care  
Because to be punished and how would only be fair.  
Even though, everyday still I am so blessed  
Because of your love and sweet forgiveness!  
When I think of your power, you set my soul on fire.  
I smile and feel true peace.

I look forward to leave this body, when my soul is released.  
Thank you, God! Though my words can only describe so well how I feel.  
I know you are there, I know you hear me, I know you’re real.  
You strengthen me with tenderness,  
And love me with your forgiveness!

**A Hymn to God the Father**  
*by John Donne (1572–1631)*

Wilt thou forgive that sin which I did shun  
Wilt thou forgive that sin which I have won  
When thou hast done, thou hast not done,  
But in the end I know I will survive.

I may whine and cry, maybe even think I will die,  
However, I am listening and trying to abide by it.  
And I can’t escape my destiny.  
Cause this was God’s plan for me  
It won’t matter what I choose  
Because this is the beginning, not the end of my book.

To my name, not even a dime.  
But, here I am, back in jail.  
I was so sure I wouldn’t fail  
So once I’m free, I’ll have no fear.  
Cause God can work on me in here,

**God’s Hotel**  
*by Mykeshia in Pennsylvania*

As I lie here awake in this horrible place,  
I start to wonder why I’ve lost faith.  
Some call this a prison, even a jail,  
But, to me, this is God’s hotel  
Where He took me from out the hood,  
Cause honestly, it wasn’t looking good.

As I’m wondering, here lying awake,  
I’m praying for daylight, at least for my sake.  
I think of my wrongs, then confess my sins,  
So my fresh start can finally begin.  
I’m no longer blind and I finally see,  
So my fresh start can finally begin.

**Risk**  
*by Anais Nin (1903–1977)*

And then the day came,  
when the risk  
to remain tight  
in a bud  
was more painful  
than the risk  
it took  
to blossom.

**We Want to Hear From You!**

Do you have a poem you want to share with our readers? Or even a great recipe using commissary items? Please send your poems, recipes, or other inspiring works to: SUBMISSIONS, c/o Inside Journal, P.O. Box 1790, Ashburn, VA 20146-1790. Please also write “I give Prison Fellowship permission to publish my submission” somewhere on your letter. **NOTE:** Submissions may be edited for content or space. Not all submissions will be printed. If selected, your works will be printed with your first name only; no last name or personal information will be included.
**NEWS + NOTES**

**Prison Launches Radio Station**

According to CBS Denver, Colorado is launching the nation’s first statewide prison radio station entirely run by incarcerated people.

The University of Denver Prison Arts Initiative coordinated the project. Incarcerated men and women in three Colorado prisons are producing the radio programs, which are available to more than 14,000 listeners behind bars across the state. “There’s so many people inside who are on a journey of positive change, and to be able to play a small part in that is really an honor,” Ryan Conarro, Inside Wire general manager and program director, told CBS Denver.

“In a Chief Executive Group article, Timm said he did his research about the job and the company. When he spoke with a recruiter on the phone, he was honest about his background. It turns out she also had a long prison sentence. “She helped me realize that the skills I picked up while incarcerated were more valuable than I thought and explained what would carry over into my new role,” Timm said.

Nearly one third of working-age adults in the U.S. have a criminal record. They face countless barriers and negative stigma that make it difficult to find gainful employment after their release. But as more businesses open opportunities to people impacted by incarceration, more people like Timm can prove they are much more than their past mistakes.

**New Pell Grant Provisions Coming**

As of July 1, 2023, all incarcerated students who are enrolled in eligible prison education programs will once again be eligible for Pell Grants. These changes have the potential to increase access to postsecondary education in prisons and give many of our nation’s incarcerated men and women a second chance.

Through the Department of Education’s Second Chance Pell experiment, new statutory provisions will restore Pell Grant eligibility for students in a prison setting. Eligible prison education programs are approved to operate in a correctional facility, operate in the best interest of students, offer transferable credits, and lead to professional licensure or certification.

Research on prison education shows that individuals who enroll in postsecondary education are 48% less likely to be reincarcerated and 12% more likely to find gainful employment after release.

**Second Chance Hiring**

Timm Wroe made a decision that led him to spend 25 years in prison. Behind bars, he made another decision—to continue his education and pursue a business degree while incarcerated. After his release from prison, Timm struggled to find work, and when he did land a job, his ankle monitor made it difficult to come and go. Then he found a work-from-home position with a marketing company. Going into the interview, Timm was nervous. He had never worked a corporate job before and worried he lacked the skills.

At Limon Correctional Facility, a man named Anthony joined the team of incarcerated producers to do something good with his time behind bars. “This is an opportunity to really change the stigmas of what prison is,” said Anthony. “I want to live worthy if I get a chance to be back out there in the world.” The University of Denver Prison Arts Initiative hopes to increase their radio productions in more facilities in the near future.

**Get Equipped in God’s Word!**

**Free Bible Correspondence Courses**

**Enroll Today!**

All you need is a Bible, a pen, and a willing heart.

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- Earn Certificates of Completion for each course
- Build Spiritual Strength, Character and Endurance
- Receive Personalized Comments and Encouragement
- Trained Volunteers Review and Respond to Each Lesson
- Upon completing the self-paced 35 lessons, the student may earn 6 credit hours at Berean Bible Institute, West Bend, Wisc.
- www.Bereanbibleinstitute.org

Please enroll by writing us at the address below and be sure to include:

- Your name and ID#  
- Institution Name  
- Institution Address  
- City, State, Zip

You can download all our lessons at www.prisonmission.org

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**Sudoku answer key** (from page 6)

**EASY**

```
2 1 5 3 7 9 8 6 4
9 6 1 2 3 5 7 4 8
7 3 4 5 6 2 1 9
4 5 2 7 8 1 6 9 3
6 9 5 3 4 1 7 2 9
3 7 1 6 2 4 9 8 4
2 4 1 5 3 6 9 4 2
5 8 4 9 2 3 6 7 1
9 3 2 5 8 4 1 7 6
```

**MEDIUM**

```
8 7 6 4 9 3 2 5 1
4 9 7 1 2 3 6 5 4
9 2 1 5 6 8 7 4 6
7 5 4 2 8 6 3 1 9
1 6 3 9 4 7 2 5 8
4 1 7 5 9 6 8 2 4
3 8 2 7 7 5 4 9 1
6 2 9 8 3 4 1 7 5
6 9 2 8 4 5 3 7 1
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**HARD**

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1 6 5 8 4 7 9 2 3
4 8 3 1 7 6 5 2 9
2 3 5 9 6 1 7 8 4
4 3 2 5 9 6 1 7 8
5 2 4 6 3 5 8 7 1
2 6 7 9 4 5 3 1 8
9 8 2 4 3 5 6 7 1
8 9 1 4 2 6 7 8 3
6 5 4 3 7 8 2 1 9
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INSIDE JOURNAL® is published four times a year by Prison Fellowship, P.O. Box 1790, Ashburn, VA 20146-1790.

prisonfellowship.org

Editorial Manager: J.R. Breault
Editor in Chief: S.L. Ray
Designer: A. Raquel
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