

NATIONAL RESOURCES



FAMILY SUPPORT

Extended Family

A wonderful support system for families of prisoners.

www.extendedfamilysupport.org

256-927-7997

Family Life Today

Helping families pursue what matters.

www.familylife.com

800-358-6329

Focus on the Family

Global Christian ministry dedicated to helping families thrive.

<https://www.focusonthefamily.com/>

800-232-6459

Fortress of Hope Ministries

Fortifying lives impacted by incarceration.

<https://fortressofhopeministries.com/>

Kairos Outside

Offers a retreat for women to support each other and their journey through the incarceration of a friend or relative.

<https://kairosprisonministry.org/kairos-outside/>

LOOPS (Loved Ones Of Prisoners)

Christian corporation created for the support of prison inmates and their families.

www.loopsministries.com

National Fatherhood Initiative

Responsible fatherhood skill-building resources, programs, training, and technical assistance. Let's partner...because every child deserves a 24/7 Dad.

www.fatherhood.org/fathersource-locator

800-593-3237

National Resource Center on Children and Families of the Incarcerated

Raising awareness about the needs and concerns of the children of the incarcerated and their families.

<https://nrccfi.camden.rutgers.edu/>

Prison Visitation Fund

We help the families and friends of incarcerated people organize a visit to prisons in any U.S. State.

<https://www.prisonvisitationfund.org/>

Project Avary

Helping children heal from the impacts of having a parent in prison.

<https://www.projectavary.org/>

415-457-8799

The National Center for Fathering

Strengthening fathers and serving leaders.

<https://www.fatherhood.org/>

301-948-0599



EDUCATION & JOB TRAINING

Promising People

We believe everyone deserves a fulfilling, secure career.

<https://promisingpeople.com/>

321-972-9522



HEALTH & WELLNESS

New Eyes

Eyeglasses for children and adults facing financial difficulties.

<https://new-eyes.org/application>

Pitzer Family Education Foundation

Offering free health care, mental health, and generic prescription drugs to those who are incarcerated with 3 months or less from release and families of the incarcerated.

<https://pfefscholarships.org/about/scholarships-and-financial-aid>

409-861-2536



NEEDS ASSISTANCE

FindHelp

A network of services and programs meeting social needs in every community.

<https://www.fndhelp.org/>

211/United Way

Essential community services.

Dial 211

Sleep in Heavenly Peace

Beds for children.

<https://shpbeds.org/apply/>

844-432-2337

Working Cars for Working Families

Find a car program.

<https://www.workingcarsforworkingfamilies.org/find-a-program/application/>



LEGAL HELP

Administer Justice

Empowering vulnerable neighbors with the help of a lawyer and the hope of God's love.

<https://www.administerjustice.org/>



SPIRITUAL DEVELOPMENT

Rooted Ministries

Discipling students toward lifelong faith in Jesus Christ.

<https://rootedministry.com/family-ministry-curriculum/#pick-your-plan>

ATLANTA

FAMILY SUPPORT

Parent to Parent of Georgia

We support Georgia families and individuals impacted by disabilities or special health care needs.

<https://www.p2pga.org/support/find-a-support-group-in-your-community/>

800-229-2038

FOOD ASSISTANCE

Atlanta Community Food Bank

404-892-3333

Atlanta Inner-City Ministry

404-622-7931

Calvary United Methodist Church

404-753-815

Georgia FindHelp

Search for free or reduced cost services like medical care, food, financial assistance, job training, and more.

<https://georgia.findhelp.com/>

Midtown Assistance Center Food Pantry

404-681-5777

Passion City Church Food Pantry

404-231-7080

SweetWater Mission

<https://www.sweetwatermission.org/>

The Episcopal Diocese of Atlanta

404-601-5320

The Love Center at Greater Piney Grove Baptist Church

404-377-0561 x238

Toco Hills Community Alliance Food Pantry

404-325-0677

EDUCATION AND JOB TRAINING

InspiredU

Helping youth develop the skills needed for education and career success.

<https://www.iuatl.org/learning-spark-initiative>

404-600-4010

Rent Assistance & Housing

Cobb County Housing & Utility Assistance

<https://gmen.org/cobb-county>

678-515-3346

Habitat for Humanity Atlanta

<https://atlantahabitat.org/>

404-223-5180

Hosea Helps

Helping those who are living in or at risk of slipping into poverty.

<https://4hosea.org/>

Love Thy Neighbor

A variety of services to the homeless including financial aid, counseling, drug and alcohol recovery programs, and Bible study.

<https://www.lovetthyneighborinservice.com/>

404-577-3152

Positive Transition Services

We transform lives and help fight homelessness.

<https://ptsga.org/>

678-298-6140

Restoration Atlanta

We serve families, primarily women and children, transitioning out of homelessness.

<https://www.ratl.org/>

Turner Chapel AME Landlord & Tenant Assistance

<https://www.turnerchapelame.org/landlord>



LEGAL SERVICES

Atlanta Legal Aid

Helping low-income people meet basic needs, removing barriers to justice through civil legal assistance.

<https://atlantalegalaid.org/get-help/>

Victoria Smith Law, LLC

Prisoner family assistance.

<https://victoriasmithlaw.com/what-we-do/prisoner-family-assistance/>

BALTIMORE



FAMILY SUPPORT

Baltimore Connect

Connecting people in Baltimore to comprehensive and coordinated services.

<https://www.bmoreconnect.org/events>

Catholic Charities

Meeting people where they are in life and helping them find a better way forward.

<https://cc-md.org/get-help/>

Family Crisis Center of Baltimore County

Working with individuals and families to interrupt and prevent cycles of violence in relationships.

<https://www.familycrisiscenter.net/>

410-828-6390

Helping Up Mission

Providing hope to people experiencing homelessness, poverty, or addiction.

<https://helpingupmission.org/recovery-programs/>

Let's Thrive Baltimore

Providing overall support for families impacted by trauma in Baltimore through various programs.

<https://www.letsthrivebaltimore.org/>

Maryland Coalition of Families

Peer support for people and families who have a loved one experiencing mental health, substance abuse, or problem gambling challenges.

<https://www.mdcoalition.org/>

410-730-8267

The Family Tree

Parent education programs and support.

<https://www.familytreemd.org/programs/>



FOOD ASSISTANCE

Amazing Grace Lutheran Church

410-276-5674

Bmore Community Food
443-835-7320

Catherine's Family and Youth Services
Food Pantry & Diaper Hub
<https://www.catherinesfamilyandyouthservices.org>

Fishes and Loaves Pantry
410-525-0969

New Life Food Pantry
443-800-0213



EDUCATION AND JOB TRAINING

Caroline Center
Career skills training program for women.
<https://caroline-center.org/apply>

Center for Urban Families
Working to empower individuals and families with the skills they need for long-term personal and economic success.
<https://www.cfuf.org/programs/>
410-367-5691

Maryland New Directions
Professional skills training program with job training, coaching, placement, and support.
<https://mdnewdirections.org/our-programs/>

University of Baltimore Second Chance College Program
<http://www.ubalt.edu/cpa/about-the-college/community-engagement/second-chance-college-program/index.cfm>
410-837-5359



HEALTH & WELLNESS

Pro Bono Counseling
Connecting Marylanders to mental health support.
<https://www.probonocounseling.org/get-help-now/help/>
410-825-1001

WIN Family Services
Faith-based child and family mental health network serving youth and families with emotional, behavioral, and mental challenges.
<https://www.winfamilyservices.org/resources/>
410-578-8003

Rent Assistance & Housing
Baltimore City Department of Housing & Community Development
DHCD helps eligible low and moderate-income applicants finance home improvements.
<https://dhcd.baltimorecity.gov/hho/rehabilitation-and-repairs>

Habitat for Humanity
<https://www.habitatchesapeake.org/>
410-366-1250



LEGAL SERVICES

MVLS (Maryland Volunteer Lawyer services)
Free legal help for Marylanders in need.
<https://mvlslaw.org/>



YOUTH PROGRAMS

Banner Neighborhoods
Empowering east Baltimore communities with life-enriching programs for youth and older adults.
<https://www.bannerneighborhoods.org>
410-585-8810

CHICAGO



FAMILY SUPPORT

Breakthrough

Faith-based organization providing a network of people-first services and programs to the residents in Garfield Park.

<https://breakthrough.org/programs/>

211 Metro Chicago

Database of resources in Cook County.

<https://211metrochicago.org>

Family Focus

Supporting families through early childhood, youth development, and parenting programs.

<https://www.family-focus.org/find-a-center/?radius=40>



FOOD ASSISTANCE

The Greater Chicago Food Depository

<https://www.chicagosfoodbank.org/get-help/>



HEALTH & WELLNESS

Christian Community Health Center

Providing high quality primary care, oral care, and behavioral health services.

<https://cchc-online.org/>

773-233-4100

IWS Family Health

Providing healthcare services to children and their families in the Chicagoland area.

<https://iwsfamilyhealth.org/services/>

773-782-2800

Lawndale Christian Health Center

Providing quality, affordable healthcare for Lawndale and neighboring communities.

<https://lawndale.org/>

872 588-3000

Mobile Care Chicago

Delivering no-cost medical and preventative care for children.

<https://mobilecarechicago.org/>

Thresholds

Services and resources for those with mental illnesses and substance abuse disorders.

<https://www.thresholds.org/programs-services>

773-572-5500



RENT ASSISTANCE & HOUSING

CEDA

Offering a variety of services to families and individuals in need including housing and bill assistance.

<https://www.cedaorg.net/find-services/>

312-782-2332

Habitat for Humanity

<https://www.habitatchicago.org/programs-services/affordable-homeownership>

La Casa Norte

Serving youth and families confronting homelessness.

<https://www.lacasanorte.org/get-help>



YOUTH PROGRAMS

BUILD

Youth development, gang prevention, and violence intervention organization on Chicago's West side.

<https://www.buildchicago.org/what-we-do/>

DALLAS



FAMILY SUPPORT

Buckner Family Pathways

Serving children, families and seniors with resources and support to protect children, strengthen families, transform generations and serve seniors.

<https://www.buckner.org/dallas-fort-worth>

Harmony Community Development Corporation

Strengthening families and revitalizing neighborhoods through solution-oriented approaches.

<https://www.harmonycdc.org/>

North Dallas Shared Ministries

Providing charitable assistance to those in need.

<https://ndsm.org/>

214-358-8700

The Turn Around Agenda

Strengthening families through faith-based programs and community partnerships.

<https://turnaround2.wpengine.com/programs/family-services/#>



FOOD ASSISTANCE

Pleasant Grove Food Pantry

<https://www.pleasantgrovefoodpantry.org>

Vickery Meadow Food Pantry and Clothes

Helping you care for your family with food, clothing, and referral services.

<https://vickerymeadowna.org/>

VickeryMeadowNA@gmail.com



EDUCATION & JOB TRAINING

Wilkinson Center

Transforming lives of Dallas families by providing pathways to self-sufficiency with dignity and respect.

<https://www.thewilkinsoncenter.org/programs/>



HEALTH & WELLNESS

Brother Bill's Helping Hand Community Health Clinic

Medical services for uninsured adults.

<https://bbhh.org/clinic>

214-638-2196

Family Health Center on Virginia

Providing quality, affordable healthcare regardless of financial or insurance status.

<https://fhcntx.org/>

214-618-5600

Family Tree Program

Family counseling at no cost to families in Denton and Dallas Counties.

<https://www.familytreeprogram.org/>

940-387-7517

Foremost Family Health Centers

Affordable family healthcare, regardless of ability to pay.

<https://foremostfhc.org/about/#>

214-426-3645

HMH Health

We provide healthcare for everyone.

<https://www.hhmhealth.org/>

214-221-0855

In My Shoes

We provide a maternity home for pregnant women who need shelter, comfort, and support.

<https://liveinmyshoes.org/stay/>

945-239-3496

Los Barrios Unidos Community Clinic

<https://lbucommunityclinic.org/services/>

Metrocare Services

Mental health and substance abuse services.

<https://www.metrocareservices.org/>

214-743-1200

24/7 Hotline: 214-743-1215

The Agape Clinic

Providing quality healthcare services unconditionally.

<https://www.theagapeclinic.org/services-4>

972-707-7782

Watermark Urgent Care

A Watermark Community Church Partnership providing low to no-cost treatment.

<https://www.watermarkurgentcare.com/>



LEGAL ASSISTANCE

Dallas Bar Association – Legaline

Anonymous hotline to receive simple legal advice, answers to legal questions, and referrals to resources over the phone at no cost.

<https://www.dallasbar.org/?pg=legalline>

HOUSTON



FAMILY SUPPORT

BakerRipley

Bringing resources, education, and connection to emerging neighborhoods.

<https://bakerripley.org/programs-and-services>

Bridging for Tomorrow

We resource families to build stronger communities and brighter futures.

<https://www.bridgingfortomorrow.org/programs>

Christian Community Service Center

We work to reduce the effects of poverty in the local community.

<https://ccschouston.org/get-help/>

Cypress Assistance Ministries

Serving families in financial crisis, those on the brink of homelessness, the unemployed, and anyone that needs hope for a better future.

<https://www.cypressassistance.org/our-services>

281-955-7684

Family Houston

Creating a stronger community by helping individuals and families meet the challenges they face today.

<https://familyhouston.org/communitysupport/>

713-861-4849

Memorial Assistance Ministries

We help to build stable families, a dynamic workforce, and vibrant communities.

<https://mamhouston.wixsite.com/newweb/services>

Northwest Assistance Ministries

Multi-program social service agency that strives to meet basic human needs.

<https://www.namonline.org/help>
281-885-4555

Tomball Emergency Assistance Ministries (TEAM)

We serve low income, qualified individuals and families who are in an area with a Tomball zip code.

<https://teamtomball.com/assistance/>

211 Texas/United Way

Free, confidential helpline that connects families with resources to meet their unique needs.

<https://unitedwayhouston.org/help-seekers/>
Dial 211



FOOD ASSISTANCE

Anderson Food Pantry

713-222-0373

Alvin Community Food Pantry

281-824-8871

East Spring Branch Food Pantry

<https://eastspringbranchfoodpantry.com/>
713-464-0852

Houston Food Bank

<https://www.houstonfoodbank.org/find-help/>

West Houston Assistance Ministries

<https://whaministries.org/food-pantry>



RENT ASSISTANCE & HOUSING

Habitat for Humanity

<https://www.houstonhabitat.org/services/homeownership/>

Star of Hope Mission

Meeting the needs of homeless men, women, and their children.

<https://www.sohmission.org/our-services/services/>

713-748-0700

The Mission of Yahweh

Serving homeless women and children, providing outreach services to communities in need.

<https://missionofyahweh.org/contact>
713-466-4785 x100



EDUCATION & JOB TRAINING

Career and Recovery Resources, Inc.

Regardless of the barriers that make getting a job difficult, we help to remove them.

<https://careerandrecovery.org/crr-employment-support-services/>

713-754-7000

Goodwill Houston

Employment and training services.

<https://www.goodwillhouston.org/jobs/job-career-services/mission-programs/>

SERJobs

Transforming lives through education, skill-based training, employment, and long-term financial stability

<https://serjobs.org/programs/>
713-773-6000



YOUTH PROGRAMS

Eight Million Stories

Transforming the lives of Houston's at-risk youth through education and empowerment.

<https://www.eightmillionstories.org/programs>

832-488-0539

Eyes on Me Incorporated

We exist to transform communities through intense discipleship, mentorship, and benevolent services.

<https://www.eyesonmeinc.com/programs.html>

Hype Freedom School, Inc.

Empowering people with the knowledge they need to be successful and self-sufficient.

<https://hypefs.org/scholars/>

832-510-043